



Autistic play culture

Supporting the natural development of autistic play

Session Details:

Dates: Wednesday, April 23rd

Times: 10am - 1pm (AEST)

Cost: \$65+GST/participant

Where: Online (Zoom)

Cost includes:

- 3 hours training
- Additional digital resources
- 3 month access to recording
- Slide deck
- Reference list



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to register

Engaging through autistic play

This presentation reframes autistic play through a strengths-based, neurodiversity-affirming lens.

Rather than viewing autistic play as delayed or deficient, it explores how sensory processing, pattern-seeking, monotropism, and interest-driven focus shape meaningful and developmentally coherent play styles.

Drawing on contemporary research and autistic perspectives, the session examines playground participation, sensory play, symbolic play, and social engagement.

Participants will consider how the dominant developmental models can misinterpret autistic play and learn practical ways to support regulation, autonomy, imagination, and wellbeing.

This session offers a respectful, research-informed framework for understanding autistic play as an authentic expression of autistic cognition and identity.



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